

Free Support Groups for Teens (Ages 12 – 17) with:

- Alcohol and drug problems
- Eating disorders

Free Support Groups for Adults (Ages 18 +) with:

- Alcohol and drug problems
- Mental health issues, such as anxiety and depression
- Eating disorders

We are a **multi-disciplinary team and our practice** includes Psychiatrists, Psychologists, Marriage and Family Therapists, Social Workers, Therapists, Occupational Therapists, Certified Clinical Nutritionists/Registered Dietitians, and Bio/Neurofeedback Technicians. We provide **services in a variety of languages.**

Please, call us at **949-551-4272** for further information.

Support group times may vary, please call us to inquire about group times.